

# iglü<sup>®</sup> *sugar free pastilles*

Benzalkonium Chloride Solution 1.11 mg  
and Compound Benzoin Tincture 8.06 mg

## Please read all of this leaflet carefully before you start taking this medicine.

Keep this leaflet. You may need to read it again. Ask your doctor, dentist or pharmacist if you need more information or advice. You must contact a doctor or dentist if your symptoms worsen or do not improve after 7 days. If any of the side effects get serious, or if you notice any side effect not listed in this leaflet (see section 4), please tell your doctor, dentist or pharmacist.

### In this leaflet:

1. What Iglü Sugar Free Pastilles are and what they are used for
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### 1. WHAT IGLÜ SUGAR FREE PASTILLES ARE AND WHAT THEY ARE USED FOR

- Iglü Sugar Free Pastilles contain the active ingredients benzalkonium chloride solution and compound benzoin tincture which have antiseptic properties.
- These pastilles ease discomfort and bring soothing relief to mouth ulcers and sore gums.
- Iglü Sugar Free Pastilles are suitable for use by **adults, the elderly and children over 3 years of age.**

### 2. BEFORE YOU TAKE IGLÜ SUGAR FREE PASTILLES

**Do not** take Iglü Sugar Free Pastilles if you are **allergic (hypersensitive)** to benzalkonium chloride solution, compound benzoin tincture or any of the other ingredients in this medicine as listed in Section 6.

**Do not** give to children under 3 years.

### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, talk to your doctor or pharmacist before using this medicine.

### Driving and using machinery

Using this product is not known to affect your ability to drive or use machinery.

### Important information about some of the ingredients of this medicine

- This medicine contains 1.11mg benzalkonium chloride in each lozenge. Benzalkonium chloride may cause local irritation.
- This medicine contains 363.3 mg sorbitol in each lozenge. Sorbitol is a source of fructose. If your doctor has told you that you (or your child) have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you (or your child) take or receive this medicine.

### 3. HOW TO TAKE IGLÜ SUGAR FREE PASTILLES

Always take Iglü Sugar Free Pastilles by mouth.

#### For adults, the elderly and children over 3 years.

- Dissolve one pastille in the mouth every 2 hours.
- Do not take more than 8 pastilles in 24 hours.
- Do not give to children under 3 years.

### **If you take too many pastilles**

overdosage of the active ingredient is unlikely to occur because of the low concentrations used and the small pack size. If the dosage is grossly exceeded, sickness/nausea and vomiting may occur. If this happens you should seek medical advice.

### **If you occasionally forget to take Iglü**

**Sugar Free Pastilles** do not worry, just carry on using them when you remember.

If you have any further questions on the use of this medicine, ask your doctor, dentist or pharmacist.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Iglü Sugar Free Pastilles can cause side effects, although not everyone gets them.

On rare occasions, hypersensitivity reactions to benzalkonium chloride occur involving difficulty in breathing, swelling of the face, neck, tongue or throat and a rash (severe allergic reactions). Stop taking this medicine and seek urgent medical attention if you experience these symptoms.

**Reporting of side effects.** If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## **5. HOW TO STORE IGLÜ SUGAR FREE PASTILLES**

- Keep out of the sight and reach of children.
- Do not use Iglü Sugar Free Pastilles after the 'Use by' date (last day of the month) printed on the carton.
- Do not store above 25°C. Store in the original package in order to protect from moisture.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer use. These measures will help to protect the environment.

## **6. FURTHER INFORMATION**

### **What Iglü Sugar Free Pastilles contain:**

Each pastille contains the **active ingredients** benzalkonium chloride solution 1.11 mg and compound benzoin tincture 8.06 mg.

The **other ingredients** are sorbitol liquid (non crystallising), acacia, peppermint oil, simethicone antifoam, vegetable oil, carnauba wax, water.

### **What Iglü Sugar Free Pastilles look like and contents of the pack**

- They are round light brown, flat pastilles.
- They are available in blister strips of 12.
- Each pack contains 24 pastilles (2 blister strips x 12).

### **The Marketing Authorisation Holder and Manufacturer is:**

Ernest Jackson & Co. Ltd,  
Credton, Devon, EX17 3AP, UK  
for Diomed Developments Ltd,  
Hitchin, Herts, SG4 7QR, UK.

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